

Antihistamines -- do not take 5 days before testing

Alavert	Nizatidine
Allegra	Olopatadine
Any "Allergy Relief" medicine	Pataday
Astelin	Patanase
Astepro	Patanol
Atarax	Pediacare
Axid	Pepcid
Azelastine	Phenergan
Benadryl	Ranitidine
Bepreve	Rynatan
Bromax	Tagamet
Brovex	Tavist
Brompheniramine	Triaminic
Carboxine	Vazobid
Cetirizine	Vazotan
Chlorpheniramine	Xyzal
Chlor-Trimeton	Zantac
Cimetidine	Zymine
Clarinex	Zyrtec
Claritin	
Clemastine	
Cyproheptadine	
Desloratadine	
Dimetapp	
Diphenhydramine	
Dramamine	
Dymista	
Dytan	
Ed A Hist	
Famotidine	
Fexofenadine	
Histex	
Hydroxyzine	
Karbinal ER	
Levocetirizine	
Lodrane 24	
Loratadine	

This may not include ALL ANTIHISTAMINES

We recommend that any medicines taken **5 days prior to testing** be checked with our office to make sure they **are not antihistamines.**

Some sleep aids may contain antihistamines. (Ex. Tylenol PM, Advil PM, etc.)